

Breathe America / Breathe the World
A free Workshop offered by Freedom Rising:
(a congregation of Venus Rising)
OCTOBER 23 2010 in Portland, OR !!!



Do You Want To:

Tap into your Intuition?	Get clarity about your purpose in this lifetime?
Deepen your spiritual connection?	Experience your own Pandora here on Earth?
Access your life energy force?	Heal the past and open to learning from your future self?

Breathe America is scheduled for Oct. 23rd at the Crystal Temple with our Beloved teacher Linda Star Wolf from Venus Rising in North Carolina. This is a free event but donations to defray the cost of bringing Star Wolf to Portland are greatly appreciated. (All donations are tax deductible to the full extent of the law.) More info to come... so add the date to your calendars and spread the word.

Shamanic Breathwork™ developed by Linda StarWolf involves progressive percussive and higher vibration music selected to specifically move us on a Body/Spirit journey through each chakra (energy center) accelerated and assisted both by breath and a fellow co-journey partner who sits with you during your breathwork experience. In addition the Facilitators are present and available using coaching, support and encouragement to assist you in dropping more fully into your experience!

Who Can Come?

- Those with no prior knowledge of Shamanic healing arts or breathwork
- Experienced healers, ministers, teachers and spiritual leaders
- The Workshop is Free

LOCATION: Crystal Temple 7525 North Richmond Avenue, Portland, OR 97203
www.crystaltemple.org

MORE INFO TO COME! For questions, contact Joe at:
Joe@elementalhealing.org

To learn more about Shamanic Breathwork™:
www.youtube.com/watch?v=a1-Muv44JbU